



# **CHANGING DESTRUCTIVE ADOLESCENT BEHAVIOR**

## **A Class for Parents of Teens**

**The Parent Project® presented by  
Castro Valley Adult School**

### **WE PROMISE YOU WILL:**

- ✓ **Find answers and learn solutions**
- ✓ **Never argue again with your child**
- ✓ **Receive emotional and practical support from other parents**
- ✓ **Create an action plan**
- ✓ **Experience SUCCESS!**

### **... AND YOU WILL LEARN HOW TO:**

- ✓ **Prevent alcohol and other drug use**
- ✓ **Improve school attendance and performance**
- ✓ **Improve communication between parent and teen**
- ✓ **Provide effective interventions for out-of-control teens**

**Saturdays ~ 9:00 am - 4:00 pm**  
**April 5 - May 3, 2008**

**5-week series \$95 per person**  
**Or \$184 per couple**  
**Registration Includes workbook**

**Instructor: Teresa Le May, Teacher**  
**Pleasanton Unified School District**

**REGISTER EARLY — SPACE IS LIMITED!**

**By phone: 510-886-1000 — Online: [www.cvadult.org](http://www.cvadult.org)**  
**In person: 4430 Alma Avenue, Castro Valley**